Together Everyone Achieves More

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Newsletter - Friday 20th April

#### School Diary for Week Ahead Year 4 Swimming lesson AM - Kit required Mon 23rd Year 6 PE - Kit required April After school football 3:15 - 4:15 Year 2 PE - Kit required Tues 24th Year 4 Trip to Durham Palace Green April After school fitness club (Y 3&4) 3:15 - 4:15 Wed 25th Year 1 and 3 PE - Kit required After school performing arts 3:10 - 4:10 April Thur 26th Year 5 and 4 PE - Kit required April After school fitness club (Y5&6)) 3:15 - 4:15 Fri 27th **Reception PE - Kit now required** April

#### **Daily Mile**

HM Government's 'Childhood Obesity: A Plan For Action' states that schools should deliver 30 minutes of 'moderate to vigorous' exercise for pupils (outside of normal PE lessons) every day. One of the most effective initiatives being used by schools to help achieve this is the daily mile. The daily mile works because of its simplicity: Children run, jog (or walk at first) for 15 minutes each day. No kit is required - the children go out in their school clothes. Trainers are ideal but not essential. Weather is not a barrier - Jackets on in the cold and damp; sweatshirt off if it's warm! It's not competitive - It's both social and fun. Schools who have been implementing the daily mile for several months report that they have seen great improvements in pupils' fitness levels as well as significant social and emotional benefits.

We aim to start this initiative over the coming weeks and are looking forward to seeing the benefits to the health and wellbeing of our children.



### **School Meal Price Increase**

Taylor Shaw operate our school meals service. For the last two years they have held the price at £2 per meal. Taylor Shaw will increase the price of a meal to £2.05 with effect from 1st September 2018 with a hope of no further increases over the next 2 years. Therefore the weekly Payment from September for school meals will be £10.25.

St*r of the Week!	Attendance League The winners of our spring term
ReceptionKian WelchYear 1Lily HallYear 2Raymond JonesYear 3Rhylee GibsonYear 4Tyler Auckland	2018 is <b>Year 3</b> with 37 points! Well done! The class will receive a treat
Year 5 Abigail Finch Year 6 Ellie Chester	afternoon of their choice!

## Cinderella & Rockerfella Performance

Our Performing Arts Club will be live on stage performing Cinderella & Rockerfella in school on Wednesday 13th June at 5:30pm and Friday 15th June at 1:00pm. Please come along and support our very talented children and see the

show. Tickets are on sale now from the school office costing £1.50 each. All proceeds will be donated back to the club for

future productions. The club would like to raise extra funds for equipment and would like your

help! They would like donations of chocolate/sweets.



pamper goodies and craft items to make up hampers which they will raffle at the shows. If you would like to donate please send in with your child as soon as possible. We look forward to seeing you and thank you for your continued support.

## The Sun Has Got His Hat On!

At last the sun is shining and children will be spending



more time outdoors! Could you please ensure that your child is wearing sun cream and a hat. If you wish for your child to have their cream reapplied during the school day please contact the office for further information. However, don't forget to bring a waterproof coat you never know when the rain clouds will appear! Thank you.

LET'S FIGHT HEAD LICE TOGETHER TO DO LIST: ONCE A WEEK TAKE A PEEK!

# **Willington Primary School**