

## Year 1 PSHE Key Questions

These questions are to be the focus for PSHE lessons for each term. The questions are to be used in line with the LTP for PSHE to deliver the specific content for each year group.

### Autumn

**What makes a family?**

**What makes a friend?**

**How can I be a good family member and a good friend?**

### Spring

**What emotions do I have?**

**How can I look after mine and others mental health?**

### Summer

**Why are rules important?**

### Key Vocabulary

*friend – share – kind – helpful – bullying – family –*

*emotions – happy – sad – unhappy – scared – anxious – nervous –  
excited – embarrassed – emotion – behaviour – mental health –  
physical health – self-care - support*

*rules – law – illegal – care – ourselves – others – living things – needs  
– responsibility*