

Durham Neurodevelopmental Family Support Hub

The Hub is organised by the Durham SENDIASS team, in Easington Village.

At The Hub, we offer advice support and signposting to services across County Durham and also nationally. The Hub offers drop-in sessions, face-to-face support, as well as virtual links.

The Hub is well-resourced with books, leaflets and equipment. Many of the leaflets are available to take away. Some items are available for loan including 'story sacks'.

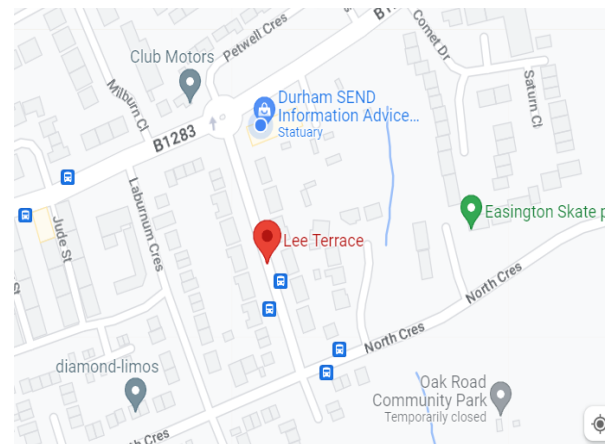
A range of books are available provide guidance on talking to children about situations they may find difficult.

The information leaflets offer valuable advice and guidance on a range of topics. We also work in partnership with other local agencies.



Find us at:

**Lee House, Lee Terrace,
Easington, Peterlee SR8 3AB**



Durham Neurodevelopmental Family Support Hub

If you live in County Durham, the SENDIASS Neurodevelopmental Family Support Hub is here for you. The team support children and young people, aged 0-25 years, and their families.

We can support you at any point of your Neurodevelopmental journey. We are here to listen to your concerns and offer advice and support.



County Durham and Darlington **NHS**
NHS Foundation Trust

Our Family Support Service can provide support in various ways:

Access to a Neurodevelopmental Family Support Officer who has a range of specialist knowledge and skills to offer can be offered. Our officers can provide specific and accurate information, advice, and support to families.

A Neurodevelopmental Family Support Officers will work closely with the families to establish the needs of the family and address any gaps in information, to seek a solution and create an outcome-focussed plan for the family. Advice can include:

- Support and information about the assessment and diagnostic process
- Support around understanding a diagnosis/explaining diagnosis to child or young person
- Introduction to services within a family's local community
- Signposting to other services
- Support around understanding a child's behaviour
- Support about understanding a child's sensory needs
- Creating visuals/social stories
- Understanding emotional regulations, including strategies to support this
- Information about Parent Learning Opportunities

What can I expect?

Please call or email SENDIASS to make a **referral** into this service. You will speak to one of our team members who will ask you some basic information and questions about your family and what support you feel you would benefit from. They will then offer you a **telephone appointment** with one of our team. This will allow you the opportunity to have a 1:1 chat about your family, what is working well and what you would like support with.

Parent / Carer support:

We provide a range of parent/carer support sessions, in addition to learning workshops, drop-ins, multi agency drops-in and parent/carer peer support sessions, teen support and sibling groups.

Learning Opportunities:

We aim to provide parents with learning opportunities around topics such as; Navigating the Neuro Pathway and Support, Adjusting to a Diagnosis, Girls and Autism, Zones of Emotional Regulation, Using Visuals, Understanding Your Child's Behaviour, Understanding Sensory Processing, Support with Transition.

Find us on Facebook to view this information



Durham SEND Information, Advice, Support Service

997 followers • 58 following

Supporting Children and Young People:

Children, young people, and their families are often offered to attend activities and events hosted alongside partner agencies and local charities. These are advertised through our website, through information sent to schools and on social media.



Getting in touch:

The service is for families pre, during and post diagnosis for children and/or young people aged 0-25 if they:

- Have concerns their child or young person may have Autism, sensory processing, ADHD, FASD or who display characteristics
- Are undergoing a Neurodevelopment Assessment or are on a waiting list to be considered for assessment
- Have a diagnosis of Autism/ADHD/FASD

Tel: 0191 5873541

Email: SENDIASS@durham.gov.uk

www.durhamsendiass.info